

# **BULLYING AND VIOLENCE PREVENTION**

## **TENTH GRADE**

### **LESSON 4**

**TITLE:** A Day in the Life of a Teen

**PURPOSE:** To understand the importance of taking the time to learn about others.

**OBJECTIVES:** The student will be able to:

- express their frustrations about teen life.
- understand the importance of learning about one another's differences.

**SUNSHINE STATE STANDARDS:** LA.10.1.6.1, 910.1.6.2, 910.1.7.4

**STUDENT SERVICES BENCHMARKS AND STANDARDS:** PS 1.1, 4.2, 4.6

**VOCABULARY:** similar and different

**INSTRUCTIONAL TIME:** 45 Minutes

#### **PREPARATION/INSTRUCTIONAL MATERIALS:**

- dry erase board and markers
- Xerox copy of handout 10-10 (one per student)
- Xerox copy of handout 10-11 (one per student)

**SPRINGBOARD ACTIVITY:** Discuss and define the meaning of the words similar and different. List responses on the board.

#### **ACTIVITY:**

1. Explain to the students that through this activity they will learn a little more about each other and the similarities and differences in a teenager's life.
2. Pass out cards on handout 10-10: Baggage Claim to students and ask them to "pack their bags" by writing their name and five interesting facts about their life in the blank area.

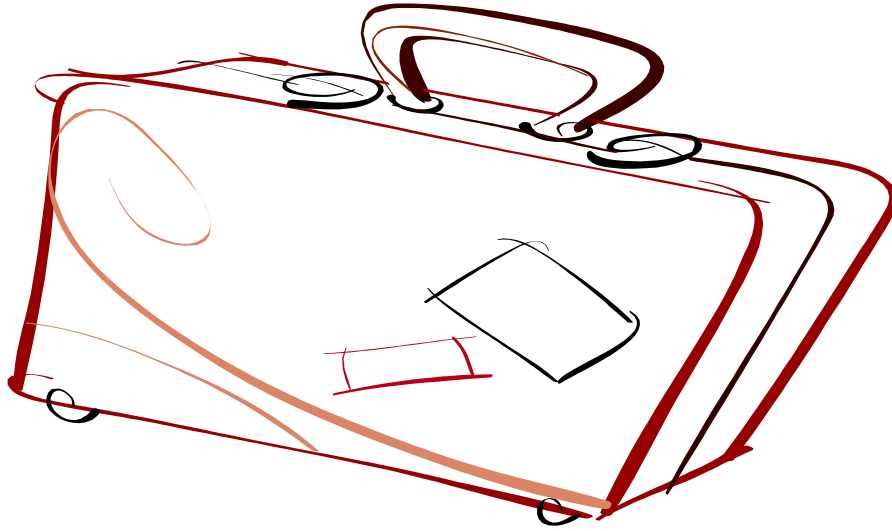
3. Explain that they will now experience going to the baggage claim area and accidentally picking up someone else's bag.
4. Ask students to walk around the room, shaking hands and introducing themselves to other students in the following way:
  - The first time a person shakes hands with another person, both students introduce themselves and tell each other what is in their bags (based on the information they wrote on the card).
  - The pair will then exchange "bags" and move on to greet another student.
  - As they greet other students, they will shake hands and introduce themselves but explain that they have the wrong "bags." They will then proceed to tell each other who their "bags" belong to and what's in them, using the information on the cards they have in their hands.
  - After each meeting, they will "trade bags" and then move on to another student.
5. Ask each student to read the name of the person whose card they are holding, introduce that person by what's in the bag, and return the card to that person, so that eventually everyone will be holding their own "baggage" again.
6. Wrap up the activity by asking students to share similarities or differences that came up from their responses.

**ASSESSMENT:** Teacher observation, class participation and activity.

**FOLLOW-UP ACTIVITY:**

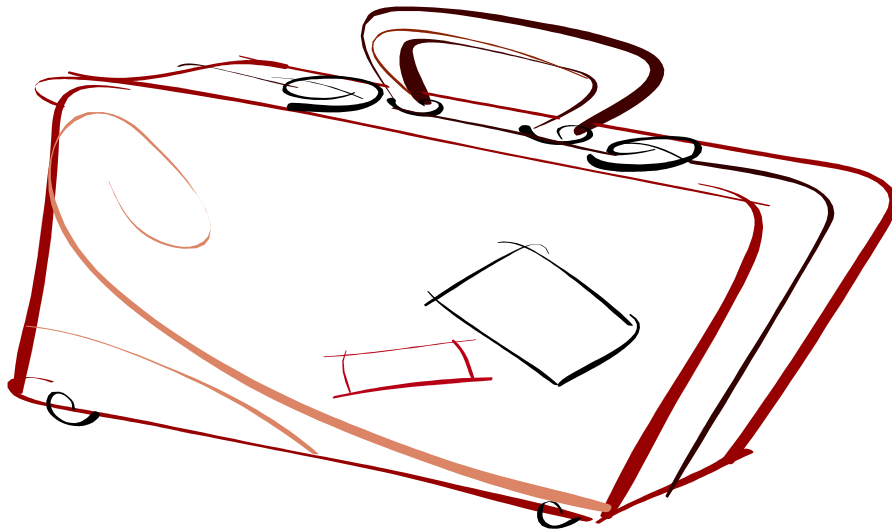
1. Ask students to turn to the handout 10-11: "A Day in the Life of a Teen". Have students identify different things/issues they feel teens face on a daily basis.
2. Ask the group for volunteers that would like to share their responses. At this time you may want to prompt the students to see conflict as one of the issues they have to deal with as teens. (This will lead to the discussion for the rest of the lessons).
3. Explain to the students that in the lessons to come they will discuss the following issues which are related to every aspect of their lives as teens.
  - Friends, Peer Pressure and Positive Peer Groups
  - Romantic Relationships (Healthy vs. Unhealthy)
  - Making the Right Choices/Decisions

## BAGGAGE CLAIM ACTIVITY SHEET



Please “fill the bag” with five interesting facts about your life.

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Please “fill the bag” with five interesting facts about your life.

