

# **BULLYING AND VIOLENCE PREVENTION**

## **SECOND GRADE**

### **LESSON 3**

**TITLE:** How Does Bullying Make You Feel?

**PURPOSE:** To become familiar with feelings associated with the bully, the victim and the bystander.

**OBJECTIVES:** The student will be able to:

- identify feeling words related to bullying situations.
- understand the relative importance between the bully's actions and the victim's feelings.

**SUNSHINE STATE STANDARDS:** LA.2.1.6.1, 2.1.6.5, 2.3.5.1

**STUDENT SERVICES BENCHMARKS AND STANDARDS:** PS 1.1, 1.2, 4.5

**VOCABULARY:** mad, sad, scared, lonely, afraid, angry, tired

**INSTRUCTIONAL TIME:** 35 Minutes

#### **PREPARATION/INSTRUCTIONAL MATERIALS:**

- dry erase board and markers
- Xerox copies of handout 2-1 (one copy per student)
- Xerox copies of handout 2-2 (one copy per student)
- pencil

#### **SPRINGBOARD ACTIVITY:**

- 1) Have students participate in the Ice Breaker Bingo Activity on handout 2-1.
- 2) Provide directions for the game and allow students approximately 8 minutes to complete Bingo card.

#### **ACTIVITY:**

- 1) Discuss the results of Ice Breaker Bingo. Lead a discussion about the feelings associated with each of the scenarios presented.
- 2) Divide the class into small cooperative groups. Instruct students to discuss scenarios presented on the Bingo card. Emphasize the importance of sharing personal feelings during the given scenario.

**ASSESSMENT:** Teacher observation, class participation and completion of handout 2-2: Bullying and Feelings.

**FOLLOW-UP ACTIVITY:** Have students complete handout 2-2: Bullying and Feelings. Review the answers with the students.

Name: \_\_\_\_\_ Date: \_\_\_\_\_



## Ice-breaker Bingo



**Directions:** Players circulate to find group members who match the descriptions in the bingo squares. When a match is found, the individual writes his/her initials in the box. Each player may enter their initials twice per bingo card. When a player has filled his/her entire card, s/he yells "Bingo!"

**Remember:** Ice-breaker bingo is a game about being honest with yourself and others.

B	I	N	G	O
Has been bullied by a classmate	Has witnessed a random act of violence on a stranger	Has kicked or punched someone when angry	Has witnessed parents in an argument	Was a victim of a random act of violence
Has damaged or witnessed someone damaging property	Has lost his/her temper more than 3x's in a week	Free Space	Has bullied a classmate	Likes to watch people fight.
Has been spanked or hit by a parent	Has hurt an animal or has witnessed someone hurting an animal	Stood up for someone that was being bullied.	Was a bystander to a fight at school	Has witnessed physical violence in the home

# Bullying and Feelings

Directions: Read each of the sentences below. Fill in each blank with the word that best fits in the sentence. Words can be used more than once.

**mad**

**sad**

**scared**

**lonely**

**afraid**

**angry**

**tired**

**victim**

**bully**

**bystander**

- 1) Larry is the class \_\_\_\_\_. He always picks on the smaller kids.
- 2) Joan is \_\_\_\_\_ because Frank keeps picking on her.
- 3) Although Miranda knew she should say something to Betty's bully, she was too \_\_\_\_\_ to speak up.
- 4) Gio was known as the class bully. He always seemed to be \_\_\_\_\_.
- 5) Sara always felt so \_\_\_\_\_. She never had anyone to sit with at lunch.
- 6) Sandy felt \_\_\_\_\_ of fighting her bully.
- 7) \_\_\_\_\_ watch bad things happen and don't try to stop it.
- 8) I am so \_\_\_\_\_ of the class bully.
- 9) Maria says she's a \_\_\_\_\_ of bullying. Linsey and Zoe always pick on her.
- 10) I am \_\_\_\_\_ with Rebecca. She never stands up for me when others are being mean.