

# BULLYING AND VIOLENCE PREVENTION

## THIRD GRADE

### LESSON 1

**TITLE:** Understand the Bully

**PURPOSE:** To introduce and define the concept of bullying, respect and empathy.

**OBJECTIVES:** The student will be able to:

- identify the meaning of the word *bully*, *respect* and *empathy*.
- demonstrate the meaning of the words *bully*, *respect* and *empathy* by responding to three prompts.

**SUNSHINE STATE STANDARDS:** LA.3.1.7.7, 3.2.1.6, 3.3.5.3

**STUDENT SERVICES BENCHMARKS AND STANDARDS:** PS 1.6, 3.3, 4.5

**VOCABULARY:** bully, respect, empathy

**INSTRUCTIONAL TIME:** 40 Minutes

**PREPARATION/INSTRUCTIONAL MATERIALS:**

- dry erase board and markers
- construction paper
- glue
- 3x5 index cards
- pencil
- crayons or markers

**SPRINGBOARD ACTIVITY:**

- 1) Write each of the following words in a word bubble on the board: bully, respect and empathy. Ask students to define each of the words.
  - a) A *bully* is a person who purposely tried to hurt others by pushing, punching, shoving, saying mean things, spreading rumors, etc.
  - b) *Respect* means treating others how you would like to be treated.

c) *Empathy* means understanding how someone else feels.

**ACTIVITY:**

- 1) Students will create a three pocket book, labeling each pocket with vocabulary words and definitions.
- 2) Using index cards, students will respond to the following prompts:
  - a) Pocket 1 – Bully: Tell of a time when you were bullied.
  - b) Pocket 2 – Respect: How can I show respect to family, friends, teachers, and neighbors.
  - c) Pocket 3 – Empathy: Tell of a time when you or someone else you know showed empathy.

**ASSESSMENT:** Teacher observation, class participation and completion of activity.

**FOLLOW-UP ACTIVITY:** Divide the class into groups of 4-5 students. Allow each student to share their experiences with the group.