

BULLYING AND VIOLENCE PREVENTION

SIXTH GRADE

LESSON 1

TITLE: A Week in My Life

PURPOSE: To understand characteristics of a bully and relate the characteristics to him/herself and that of others.

OBJECTIVES: The student will be able to:

- describe the characteristics of a bully.
- identify bullying characteristics in self and others.
- explain plausible solutions to given bullying scenarios.

SUNSHINE STATE STANDARDS: LA.6.6.3.1, 6.6.4.1, 6.1.7.4

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.1, 1.3, 4.6

VOCABULARY: empathy, bully, choices, personal responsibility

INSTRUCTIONAL TIME: 45 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- dry erase board and markers
- Xerox copies of handout 6-1 (one per student)
- pens

SPRINGBOARD ACTIVITY:

- 1) Define and discuss the meaning of the word *bully*. Ask students to provide examples of bullying situations.
- 2) Define and discuss *empathy*. Ask students to provide examples of bullying situations.

ACTIVITY:

- 1) Have students complete handout 6-1: A Week in my Life. Discuss the results of the survey by talking about each sentence.
- 2) Divide the class into cooperative groups of 4 to 5 students. Assign one of the bullying behaviors from the survey to each group. Ask each group to come up with plausible responses/reactions to the given scenario.

- 3) Discuss the appropriateness of responses by discussing choices and personal responsibility.

ASSESSMENT: Teacher observation, class participation and completion of follow-up activity.

FOLLOW-UP ACTIVITY: Have each student write about a time when he/she was bullied. The response should address the following:

- What was the event?
- Who was involved?
- How did you respond?
- Who did you seek help from?
- If you had a chance, would you do anything differently?

A Week in my Life

Read each statement below. Think about the past week and put a checkmark next to the column that describes how often the event described happened to you. If a scenario is an example of bullying behaviors, circle the number.

This week in my life, someone...	Never	Once	More than once
1) called me a name			
2) told me a joke			
3) told a lie about me			
4) shared a snack with me			
5) said they would tell on me			
6) pushed me			
7) helped me when I needed it			
8) shoved me			
9) tried to hit me			
10) threw something at me			
11) told me something nice			
12) tried to hurt me			
13) told me gossip			
14) gave me a gift			
15) tried to break something			
16) smiles at me			
17) was mean to me			
18) tried to scare me			
19) gave me money			

20) got other kids to gang up
on me

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