

BULLYING AND VIOLENCE PREVENTION

SEVENTH GRADE

LESSON 1

TITLE: Handling Bullies, Teasers and Meanies

PURPOSE: To understand why bullies bully and ways to deal with them.

OBJECTIVES: The student will be able to:

- recognize the traits of a bully.
- list ways to deal with bullies, meanies, and teasers.

SUNSHINE STATE STANDARDS: LA.7.1.6.1, 7.1.6.10, 7.1.7.4

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.1, 2.1, 4.5

VOCABULARY: bully, victim, empathy

INSTRUCTIONAL TIME: 45 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- Dry erase board and markers
- Book: How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense by Kate Cohen Posey

SPRINGBOARD ACTIVITY:

- 1) Allow students to read How to Handle Bullies, Teasers and Other Meanies: A Book That Takes the Nuisance Out of Name Calling and Other Nonsense by Kate Cohen Posey.
- 2) Discuss elements of the book as they relate to everyday experiences and middle school life.

ACTIVITY:

- 1) Write the following scenario on the board:

David and Chris have been having problems with each other for the past couple of months. The truth is, David is jealous of Chris. David has been talking badly about Chris to all his friends. He encourages them to say mean

things to Chris. Chris is fed up of dealing with David's immaturity. Chris decided to tell the school counselor. This is what happens next...

- 2) Divide the class into small cooperative groups. Ask students to role play the scenario in their small groups.

ASSESSMENT: Teacher observation, class participation and completion of activity.

FOLLOW-UP ACTIVITY: Ask each group to come up with 3 solutions to the bullying problem. Introduce the term *empathy* to the class.