

BULLYING AND VIOLENCE PREVENTION

EIGHTH GRADE

LESSON 1

TITLE: No Bully Zone

PURPOSE: To gain knowledge about the prevalence of bullying in the school community.

OBJECTIVES: The student will be able to:

- become familiar with the prevalence of bullying in our school community.
- explore the experience of a bully-free school by recognizing the characteristics of a bully.

SUNSHINE STATE STANDARDS: LA.8.1.6.1, 8.1.7.4, 8.2.2.2

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.1, 2.2, 4.1

VOCABULARY: bullying, interactions, peer relations, bully free school

INSTRUCTIONAL TIME: 45 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- dry erase board and markers
- Xerox copies of handout 8-1 (one per student)

SPRINGBOARD ACTIVITY:

- 1) Introduce the definition of the word *bullying* to the class. Exposing another person to either verbal or physical harm, or threatening to harm another person with the purpose of controlling the other person's thoughts and/or actions.
- 2) Discuss the meaning of the word and ask, "What would a bullying free environment look and feel like?" Have students brainstorm answers to this question.

ACTIVITY:

- 1) Ask students to describe examples of bullying. Make a list on the board.
- 2) Have students complete handout 8-1: A Bully Free School

- 3) Discuss handout 8-1. Emphasize the importance of individuals contributing to the overall climate of the school.

ASSESSMENT: Teacher observation, class participation and completion of follow-up.

FOLLOW-UP ACTIVITY: Have students keep a journal for one week of both positive and negative peer interactions. Discuss findings at the end of the week.

A Bully Free School

Looks Like...	Feels Like...

