

BULLYING AND VIOLENCE PREVENTION

EIGHTH GRADE

LESSON 2

TITLE: It's All About Personal Responsibility!

PURPOSE: To encourage students to report bullying behaviors to a trusted adult.

OBJECTIVES: The student will be able to:

- identify caring adults to report bullying behaviors to.
- understand the importance of personal responsibility as it relates to bullying and reporting.

SUNSHINE STATE STANDARDS: LA.8.1.6.1, 8.1.7.4, 8.2.2.2

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.2, 2.3, 4.1

VOCABULARY: personal responsibility, reporting

INSTRUCTIONAL TIME: 45 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- dry erase board and markers
- Xerox copies of handout 8-2 (one per student)
- pen

SPRINGBOARD ACTIVITY: Discuss and define the words *victim* and *bystander*. In a conflict situation, a *victim* is a person who suffers from a destructive or injurious event as a result of a bully's actions. A *bystander* is someone who is present to an event, but is not involved.

ACTIVITY:

- 1) Provide students with the following scenario. Ask them to role play what the victim and the bystander should do in the given scenarios.

The Case of Randy and Charlie

Randy is sick and tired of being teased by Sara and Terry. Their relentless teasing is starting to wear him down. One day, while Randy was sitting in the cafeteria drinking his milk, Sara came up behind him and pretended to ask him a question. Terry snuck up behind him and smacked him on the back of the head. Randy's milk spilled all over his shirt and face. He was so embarrassed! His best friend, Charles saw the whole thing happen. Sara and Terry are both very popular, so he promised Randy he wouldn't say anything.

- 2) Identify the key characters in the story. Who is the bully? Victim? Bystander?
- 3) How would you handle the situation if you were Randy? Charlie?

ASSESSMENT: Teacher observation, class participation and completion of activity.

FOLLOW-UP ACTIVITY: Have students review handout 8-2 and apply the strategies presented to The Case of Randy and Charlie.

HOW TO REPORT BULLYING BEHAVIORS

FOR VICTIMS

- ❖ Report the incident to a teacher, counselor, or principal.
- ❖ Your name should be kept confidential; make sure you are promised this.
- ❖ Write down what was done or said to you and how you responded. Bullies will often try to shift the blame.
- ❖ Make a list of witnesses.

FOR BYSTANDERS

- ❖ Intervene in the situation. Tell the bully to stop and comfort the victim.
- ❖ Stand up to the bully and support the victim.
- ❖ Report it to a teacher, counselor, or principal.
- ❖ Your name should be kept confidential; make sure you are promised this.
- ❖ Write down what was done or said.
- ❖ Write down everyone who witnessed the situation.

PERSONAL RESPONSIBILITY

VICTIMS AND BYSTANDERS MUST REPORT THE BULLYING OR
HARASSING TO A TEACHER, SCHOOL COUNSELOR, OR THE PRINCIPAL