

BULLYING AND VIOLENCE PREVENTION

KINDERGARTEN

LESSON 3

TITLE: How Do You Feel Today?

PURPOSE: To assist students in recognizing how words and/or actions have both helpful and hurtful consequences.

OBJECTIVES: The student will be able to:

- establish the link between bullying behaviors and the effect they have on others.
- identify feeling words and recall an event that is an example of each.

SUNSHINE STATE STANDARDS: LA.K. 3.1.2, 3.5.1, 5.2.6

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.4, 1.5, 1.6

VOCABULARY: feelings, happy, sad, angry, excited

INSTRUCTIONAL TIME: 20 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- dry erase board and markers

SPRINGBOARD ACTIVITY: Introduce the word *feelings*. Explain to the students that when a bully is mean to others, he/she is hurting their feelings. Read the sentences below. Ask students to identify the feeling word that best matches the scenario described.

- 1) Mario just got a new Playstation 2 game for his birthday. (Excited)
- 2) Sandra pushed Alex off the swing so that she could get on. How did Alex feel? (Angry)
- 3) John fell off his bike and hurt his ankle. The doctor said he won't be able to ride bike for 2 weeks. (Sad)
- 4) Jenny's mom gave her a hug because she got an A+ on her spelling test. How do you think that made Jenny feel? (Happy)

ACTIVITY:

- 1) Draw a happy face on the board. Ask students to provide examples of happy events. List student responses on the board below the happy face.
- 2) Next to the happy face, draw a sad face on the board. Ask students to provide examples of sad events. List student responses on the board below the sad face.

ASSESSMENT: Teacher observation, class participation and completion of follow-up activity of a happy and sad event.

FOLLOW-UP ACTIVITY: Have students illustrate a happy event and a sad event. Illustrations may be shared with the class.