

BULLYING AND VIOLENCE PREVENTION

PRE-KINDERGARTEN

LESSON 2

TITLE: Day of Kindness

PURPOSE: To encourage awareness about feelings associated with kindness and unkindness.

OBJECTIVES: The student will be able to:

- identify feelings of happiness and sadness.
- understand the relative importance between kindness or unkindness and feelings.

STUDENT SERVICES BENCHMARKS AND STANDARDS: PS 1.2, 3.3, 4.6

VOCABULARY: kindness and unkindness, happiness and sadness

INSTRUCTIONAL TIME: 20 Minutes

PREPARATION/INSTRUCTIONAL MATERIALS:

- dry erase board and marker
- a puppet, a doll or a toy that resembles a small child
- a copy of The Story About Buddy, Pal and Meany

SPRINGBOARD ACTIVITY: Ask the students to tell you about some of the things they enjoy doing with their best friend and how it makes them feel.

ACTIVITY:

1) Introduce a puppet, doll or toy that resembles a small child. Read the following story to the students:

The Story About Buddy, Pal and Meany

This is my friend Buddy. Buddy has a best friend named Pal. One day, Buddy and Pal were at the playground playing on the monkey bars. They made sure to take turns. First it was Buddy's turn and then it was Pal's turn. Buddy and Pal were having so much fun. How do you think they were feeling? (Allow students to answer). That's right, they were feeling very happy. Along came Meany. Meany was not nice sometimes and today was one of those days. Just as Buddy was

going to get on the monkey bars, Meany came up behind him and pushed him to the ground and said “It’s my turn now”. Buddy couldn’t help it and began to cry. How do you think Buddy was feeling? (Allow students to answer). That’s right, Buddy felt very sad. Boys and girls, when we are kind to one another we feel happy. When we do something that is unkind we make other people feel sad.

2) Discuss elements of the story and relate them to the student by asking “How would it make you feel if you were Buddy? Pal? Meany?...”

ASSESSMENT: Teacher observation, class participation and completion of follow-up activity.

FOLLOW-UP ACTIVITY: Draw a happy face on the board. Ask students to give you examples of events or things that make them happy. Next to that list, create a list of examples of events or things that make them sad. List examples on the board under given expression.