

# BULLYING AND VIOLENCE PREVENTION

## PRE-KINDERGARTEN

### LESSON 3

**TITLE:** "I Care Language" shows you care!

**PURPOSE:** To establish the link between personal behavior and how it may affect others in a positive or negative way.

**OBJECTIVE:** The student will be able to:

- understand the impact words and actions have on others.
- promote helping behaviors, actions and words.

**STUDENT SERVICES BENCHMARKS AND STANDARDS:** PS 1.2, 1.6, 4.1

**VOCABULARY:** act of kindness and unkindness, happiness and sadness, actions

**INSTRUCTIONAL TIME:** 20 Minutes

#### PREPARATION/INSTRUCTIONAL MATERIALS:

- pencil
- crayons
- paper (one sheet per student)

**SPRINGBOARD ACTIVITY:** Define and discuss the phrase *acts of kindness*. When someone says something nice or helps someone that needs help, it is an act of kindness.

#### ACTIVITY:

1. Define "I-Care" language:

- Explain to students that "I-Care" language makes others feel happy. Words such as "thank you," "please," "love," "play with me" are "caring words."
- Explain to students that your body language in the form of a smile, hug, or a handshake also says "I Care".

2. Review "I-Care" Language. Read the statements below. Have students raise their hands if someone is using "I-Care" language:

- a) Charlie said thank you after Shanika gave him a crayon.
- b) Jose laughed at Susan when she lost her pencil.
- c) Terry asked Vivian to play with her.
- d) Jamal said "please" when he asked Trevor for the ball.

**ASSESSMENT:** Teacher observation, class participation and completion of follow-up activity.

**FOLLOW-UP ACTIVITY:** Have students illustrate a time when he/she demonstrated "I Care" behavior.