

LGBTQ Resources

- If students contact teachers, they can refer students who need counseling to 211 Helpline.
- We have an urgency to continue to work together to eradicate LGBTQ bias and violence.
- This is the time to teach about respect and dignity for all human beings and celebrate one another for our differences.
- Parents have a very powerful role to play in a LGBTQ youth's life. Research has shown that supportive parenting can significantly affect our children's positive outlook on their lives, their mental health and their self-esteem.
- Research shows that the most crucial thing we as parents can do is to allow our children to be exactly who they are.
- Create a supportive family environment.
- Maintain open and honest communication with your child.
- Express love and support for your child.

Local Counseling Resources

YES Institute	http://www.yesinstitute.org/calendar/	(305) 663-7195
Safe Schools South Florida	http://safeschoolssouthflorida.org/	(305)576-2126
Pridelines	http://www.pridelines.org/	(305) 571-9601
Alliance for GLBTQ Youth	http://www.glbtqalliance.com/	(305) 899-8087

National LGBTQ Resources

GLSEN	http://www.glsen.org/
Gender Spectrum	https://www.genderspectrum.org/
GSA Network	https://gsanetwork.org/

Hotlines for LGBTQ Youth

Trevor Lifeline	1-866-488-7386
LGBT National Youth Help Center	1-800-246-PRIDE (800-246-7743)