

LESSONS AT A GLANCE

Primary and Elementary

Primary Lesson 1: What is communication?

Understand the concept of communication and the various mechanisms individuals use to communicate with one another.

Primary Lesson 2: How do we communicate?

Review and participate in various forms of communication that include verbal, nonverbal, visual and written.

Elementary Lesson 1: Do you hear what I am saying?

Understand the importance of listening and communicating.

Elementary Lesson 2: What is communication?

Engage in positive communication while speaking and listening.

Elementary Lesson 3: How do we communicate using technology?

Utilize technology in a positive way of communication.

Secondary Lessons

Lesson 1: Can texting become sexting?

Understand the consequences of "sexting."

Lesson 2: I am strong, I promise not to engage in "sexting".

Understand the growing problem of using the cell phone and or computer to pass on explicit material.

Lesson 3: Safe sexting, no such thing.

Review the dangers of sexting and its consequences.

Lesson 4: Peer pressure and sexting.

Understand how peer pressure may play a major role in Sexting.

Lesson 5: Self-esteem: Empower ME.

Understand the importance of positive feelings about oneself.

Lesson 6: Resolve issues: Sexting is not good.

Address "conflict resolution" as a useful tool.

Lesson 7: Texting and communicating safely with friends.

Empower students to communicate via text.

Lesson 8: Understanding my responses: addressing consequences.
Understand and manage angry reactions that will lead students into trouble.

Lesson 9: The value of communication.
Understand the value of communication.

Lesson 10: Am I safe on the internet? Can I trust my friends?
Highlight Internet safety.

Lesson 11: Sexting over the net! STOP IT NOW.
Discuss the embarrassment and harassment that can be associated with sexting.

Lesson 12: Sexting over the net! STOP IT NOW Part 2.
Address how the victims of sexting feel. Empower them to stop becoming victims.

Lesson 13: The internet and the world.
Explore their civic responsibility to make the Internet a safe space.

Lesson 14: Sexting: cause and consequences, The facts.
Provide students with the facts about the internet.

Lesson 15: Sexting and the internet
Evaluate the purpose and restrictions of different web-sites.