

## *SEXTING: Empowering Students to Engage in Positive Communication*

### **Secondary Lesson 2**

**Lesson Title:** I am Strong, I promise not to engage in “Sexting”

**Description:** This lesson will help students better understand the growing problem of using the cell phone and or computer to pass on explicit material.

**Objectives:** The students will be able to:

- Discuss situations where bullying or harassment could occur after “sexting”
- Understand the long-term consequences of being caught with sexual content
- Discuss situations a student may find him or herself in that may be considered taking part in sexting

**Standards-Based Student Development Program Benchmark(s):**

**Benchmark PS 3.1**

Describe characteristics that make one special and unique

**Benchmark PS 4.0**

Students begin to develop positive interpersonal skills.

**Benchmark PS 1.5**

Explain how personal attitudes and feelings affect behavior.

**Springboard Activity:**

Utilize Lesson 1 to further the basic knowledge regarding Sexting.

**FCAT Benchmarks:**

LA.E.2.2.1 Describes cause and effect relationships

**Accommodations:** Teachers of students with disabilities are mandated by state and federal law to provide accommodations as stated on the students’ IEP. General accommodations and best practices are listed in the introduction.

**Instructional Time:** One class period

**Instructional Materials**

- Poster board, markers to record responses.
- **Handout 2.1: Strategies to Overcome Being a Victim of Sexting**
- **Handout 2.2: My Personal Promise to Avoid Sexting**

## **Instructional Lesson**

1. Distribute **Handout 2.1: Strategies to Overcome Being a Victim of Sexting?**
2. Have students complete the **Handout 2.1: Strategies to Overcome Being a Victim of Sexting**. **NOTE:** Please read and discuss with the students the positive strategies people may use to diffuse Sexting.
3. Review and discuss the ways students may take part in inappropriate sexting.
4. Discuss the importance of taking charge of our own behaviors and the consequences of our behaviors.
5. Place students in groups of 2-3 students. Distribute the **Handout 2.2: My Personal Promise to Avoid Sexting**. Have students utilize what they have learned about sexting and complete the worksheet
6. Ask volunteers to share their stories. Make sure each student states his or her promise aloud. Review the strategies students incorporated into their stories.
7. Review the concepts of personal responsibility, adequate behaviors, and consequences.
8. Reinforce the dangers of Sexting.

**Assessment:** Completion of Handout 2.1 and 2.2. Classroom participation.

**Follow-up Activities/Home Learning/Parent:** Students will take a copy of Handout 2.2 to their parents. Students will bring the signed copy of **Handout 2.2** back to the teacher.

## Handout 2.1: Strategies to Overcome Being a Victim of Sexting

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

List strategies that would help you or other students prevent inappropriate behavior on the computer or on the cell phone.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

**Handout 2.2: My Personal Promise to Avoid “Sexting”**

My name is \_\_\_\_\_ and I am \_\_\_\_ years old. I am in the \_\_\_\_\_ grade. I heard about a friend who sent a \_\_\_\_\_ to another student. The \_\_\_\_\_ was all over the school. I felt \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

I wish I could have helped by \_\_\_\_\_, or \_\_\_\_\_. Since, I felt \_\_\_\_\_, \_\_\_\_\_. I am making a promise to myself **not** to send any text that would hurt me or hurt my friends or others.

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Student Signature \_\_\_\_\_ Date \_\_\_\_\_

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Parent Signature \_\_\_\_\_ Date \_\_\_\_\_